

# Year 5

## UNIT 5



Textbook-  
based  
**English**  
Worksheets

SCHOOL:

NAME:

CLASS:

TEACHER'S NAME:

# VOCABULARY . Food and health

How many types of food can you name in 30 seconds? Think and write.

I. Look at the photos. Circle the correct words in the texts.  
Listen and check your answers. (page 52 & 53)

## SCHOOL FOOD



### SOUTH AFRICA

I'm making a  
 1) sandwich/burger for my  
 lunchbox. I've also got an  
 2) apple/egg and some  
 3) water/juice.



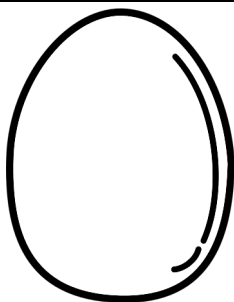
### INDIA

It's normal to eat with your  
 hands here. We're  
 vegetarians, so there isn't  
 any 4) fruit/meat with our  
 5) pasta/rice.



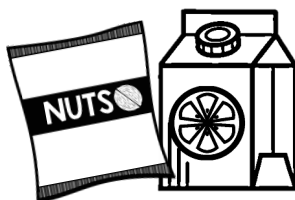
### THE UK

Pizza and 6) chips/beans  
 today. There are  
 7) eggs/vegetables, but I  
 don't like them.



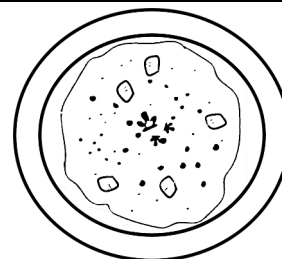
### CHINA

I sometimes have an  
 8) apple/egg, but this egg is  
 really big!



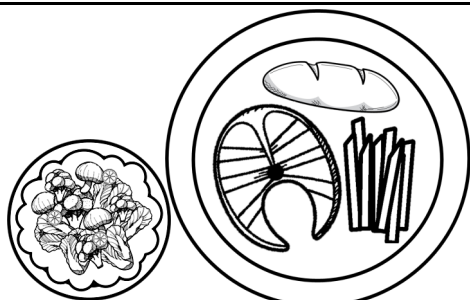
### THE USA

Vending machines in schools here  
 don't sell crisps and  
 9) sweets/chips now. They've got  
 healthy snacks like 10) nuts/crisps  
 and they sell juice, not  
 11) water/fizzy drinks.



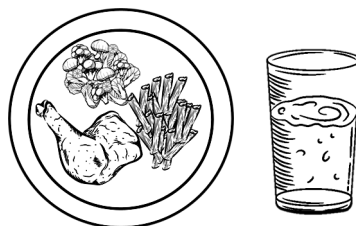
### MOZAMBIQUE

We have a big meal. With the  
 12) chips/beans, there's a  
 typical food from  
 Mozambique called 'ncima'.



### AUSTRALIA

I'm having fish and chips with  
 some 13) salad/pasta and  
 14) bread/cheese. Tasty!



### SPAIN

I really like the menu  
 today-15) rice/pasta,  
 16) chicken/pizza pieces and  
 salad, yoghurt, bread and  
 17) juice/water



### JAPAN

Students here help to serve  
 the food and we clean the  
 tables! Today we're serving  
 18) soup/juice.

# MAKE A WORD SEARCH

**Make a word search and ask your partner to search the words.**

burger

sandwich

apple

egg

water

juice

fruit

meat

pasta

rice

# chips

beans

vegetables

pizza

salad

cheese

# VOCABULARY . Food and health

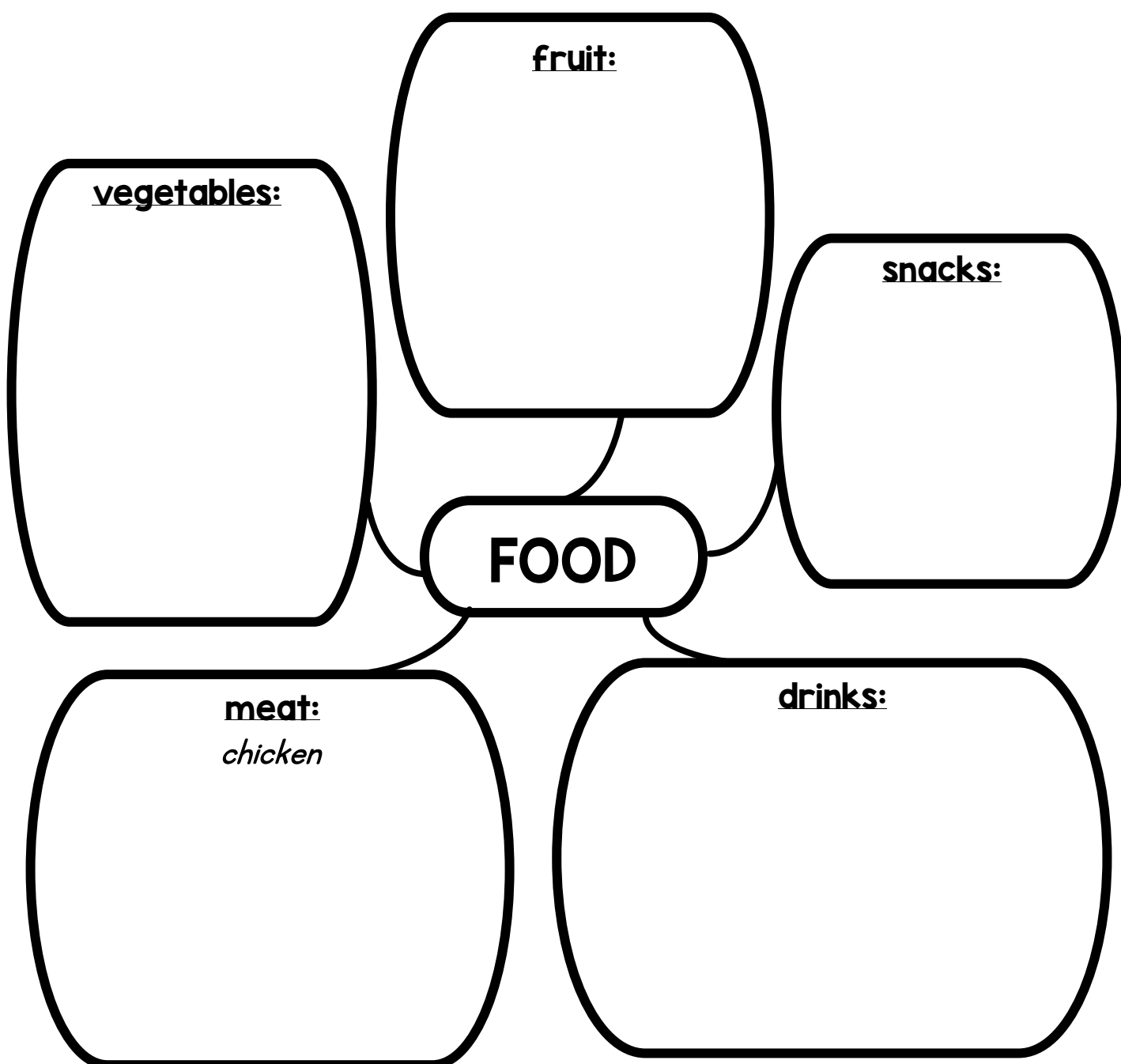
2. Read the study strategy. Then copy and complete the word web with words in the box. Think of more words to add to the web. (page 52)

sandwich burger apple egg water juice fruit meat pasta  
rice chips beans vegetables sweets chips nuts crisps water  
fizzy drinks salad bread cheese chicken pizza juice

## Study Strategy

### ORGANIZING AND REMEMBERING VOCABULARY

A word web is a good way to organize and remember vocabulary. You can add new words to your word web when you learn them.



# VOCABULARY . Food and health

## 3. PRONUNCIATION : Short and long vowels /I/ and /i:/.

Listen and repeat the words. Then listen to six more words and complete the table. (page 53)

<u>cheese</u>	<u>eat</u>	<u>chicken</u>	<u>meal</u>	<u>drink</u>	<u>chips</u>
/I/ (short)			/i:/ (long)		
fish fizzy			beans meat		






## 4. Watch or listen. What food do the students like? Circle the correct answers. (page 53)

Lydia	<u>pasta</u>	<u>rice</u>	<u>sandwich</u>	<u>chicken salad</u>
Sophie	<u>fish and chips</u>	<u>beans</u>	<u>noodles</u>	<u>chips</u>
Ben	<u>bread</u>	<u>cheese</u>	<u>pizza</u>	<u>burgers with cheese</u>
Georgia	<u>vegetables soup</u>	<u>pasta</u>	<u>salad</u>	<u>eggs</u>

## 5. Watch or listen again and complete the key phrases with the examples that the students talk about. (page 53)

pasta	many school meals	fish and chips	chicken salad	chicken
-------	-------------------	----------------	---------------	---------

## Key phrases : Likes and dislikes

1	I love _____ .	
2	I ( quite / really ) like _____ .	
3	I don't mind _____ .	
4	I ( really ) don't like _____ .	
5	I hate _____ .	

# VOCABULARY . Food and health

6. Work with a partner. Ask and answer questions using the key phrases and the words in the box. Tick the correct boxes based on the answers. Who likes the healthiest food? (page 53)

*Key phrases* : Likes and dislikes

1 I love \_\_\_\_\_ .

2 I ( quite / really ) like \_\_\_\_\_ .

3 I don't mind \_\_\_\_\_ .

4 I ( really ) don't like \_\_\_\_\_ .

5 I hate \_\_\_\_\_ .

chips

burgers

sweets

nuts

fizzy drinks

vegetables

juice

salad

crisps

sandwiches

Do you like burgers?

Yes, I really like burgers.

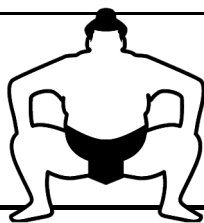
	Myself ( )	My partner ( )
chips		
burgers		
sweets		
nuts		
fizzy drinks		
vegetables		
juice		
salad		
crisps		
sandwiches		

\_\_\_\_\_ like/likes the healthiest food.

# READING . Sumo wrestlers

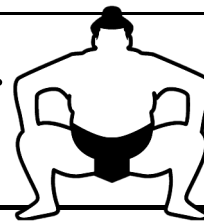
I. Read the text. Complete the text with questions a-d. (page 54)

- |   |                                       |
|---|---------------------------------------|
| a | What do they have for lunch?          |
| b | Do they ever eat any different foods? |
| c | What's their typical day?             |
| d | Is it healthy?                        |



## The sports interview ...

# SUMO STYLE



- |   |                                                                                                                                                                                 |
|---|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| A | Those sumo wrestlers are big! How much do they weigh?                                                                                                                           |
| B | Most top wrestlers weigh more than 140 kilos. The heaviest are around 190 kilos.                                                                                                |
| A | Is it a popular sport?                                                                                                                                                          |
| B | Well there aren't many sumo wrestlers these days. It isn't a healthy lifestyle.                                                                                                 |
| A | (1) _____                                                                                                                                                                       |
| B | They get up early and train from 5 a.m. until about 1 p.m.                                                                                                                      |
| A | What do they have for breakfast?                                                                                                                                                |
| B | They don't have breakfast—so they're hungry at lunchtime and they eat a lot!                                                                                                    |
| A | (2) _____                                                                                                                                                                       |
| B | They have a special dish called <i>chankonabe</i> . There's a lot of meat or fish in <i>chankonabe</i> and there are also a lot of vegetables.                                  |
| A | (3) _____                                                                                                                                                                       |
| B | Well. It's full of vitamins and there isn't much fat in it, but they eat enormous quantities – sometimes six or seven bowls – and then maybe five bowls of rice.                |
| A | But they exercise a lot.                                                                                                                                                        |
| B | Yes, but not after meals. After lunch they sleep, then they get up and eat more <i>chankonabe</i> .                                                                             |
| A | (4) _____                                                                                                                                                                       |
| B | Yes, some eggs, salads, some desserts maybe ; but always <i>chankonabe</i> . So, if you want to be sumo size, eat and sleep a lot. If not, maybe do sports which are healthier! |

## READING . Sumo wrestlers

**2. Read and listen to the text again and complete the summary with five of the words below. (page 54)**

eat	is	before	healthy	mornings	sleep	isn't	after	unhealthy	afternoons
-----	----	--------	---------	----------	-------	-------	-------	-----------	------------

The lifestyle of sumo wrestlers 1) \_\_\_\_\_ normal. The food which they eat is 2) \_\_\_\_\_, but they 3) \_\_\_\_\_ a lot. They also sleep a lot in the 4) \_\_\_\_\_ and they don't exercise 5) \_\_\_\_\_ meals.

**3. Use a dictionary to check the meaning of the words below. (page 54)**

No	WORDS	MEANING
1	train	
2	dish	
3	vitamins	
4	enormous	
5	bowls	
6	desserts	

**Work in pairs. Do you think a sumo wrestler's life is interesting? Why / Why not? Write your answer below. (page 54)**

I think a sumo wrestler's life is interesting/ not interesting because

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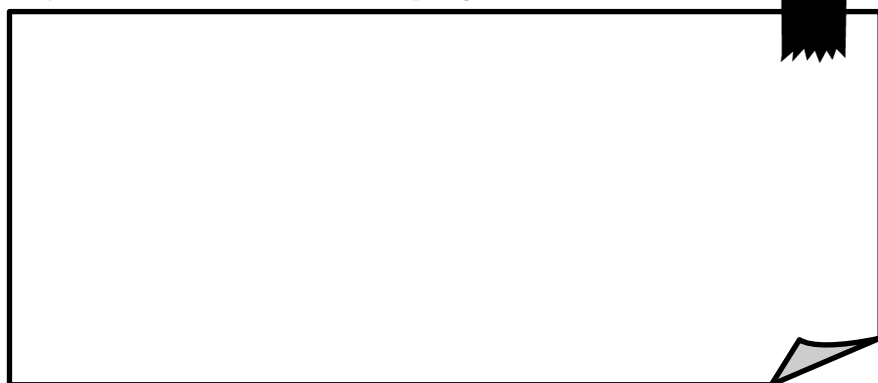


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**Write and draw your favourite dish. (page 54)**

My favourite dish is

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# LANGUAGE FOCUS . Countable and uncountable nouns + *some, any, much, many and a lot of*

I. Write the words below under the correct groups.  
Then add the words to rule 1-2. (page 55)

apple

juice

egg

bread

pasta

sweet

water

snack

countable

uncountable

## Rules

With countable nouns, we use **a** or **an** (singular form) and **plural forms**

Singular form

Plural forms

*an apple**apples*

With uncountable nouns, we DON'T USE **a, an** or **plural forms** :

*juice*

2. Look at the pictures and complete the sentences. (page 55)

meat

crisps

rice

vegetables

cheese

pears

### UNCOUNTABLE

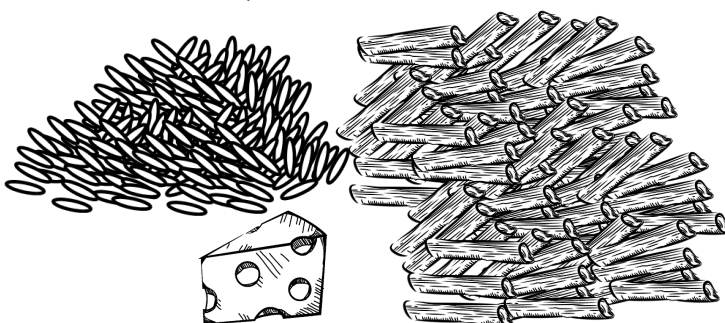
How much ...?

There's a lot of pasta.

There's some 1) \_\_\_\_\_.

There isn't much 2) \_\_\_\_\_.

There isn't any 3) \_\_\_\_\_.



### COUNTABLE

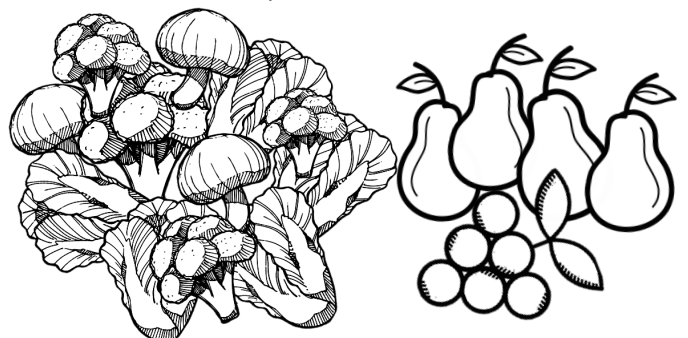
How many...?

There are a lot of 4) \_\_\_\_\_.

There are some 5) \_\_\_\_\_.

There aren't many grapes.

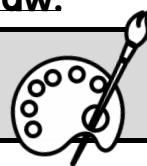
There aren't any 6) \_\_\_\_\_.



# LANGUAGE FOCUS . Countable and uncountable nouns + *some, any, much, many and a lot of*

Read the descriptions and draw.

## COUNTABLE



There are a lot of apples. There are some eggs. There aren't many carrots. There aren't any grapes.

## UNCOUNTABLE



There's a lot of bread. There's some pasta. There isn't much rice. There isn't any milk.

# LANGUAGE FOCUS . Countable and uncountable nouns + *some, any, much, many and a lot of*

3. Look at the sentences in exercise 2 and circle the correct words in rules 1-3.  
(page 55)

## RULES

1	We use <b>much / many</b> with uncountable nouns.
2	We use <b>much / many</b> with countable nouns.
3	We often use <i>any, much</i> and <i>many</i> in questions and <b>negative / affirmative</b> sentences.
4	We use <i>some, any</i> and <i>a lot of</i> with countable and uncountable nouns.

4. Complete questions 1-5 with *much* and *many*. Then choose the correct words in the answers. (page 55)



much

many

## Food facts



1	Question	How _____ meat do vegetarians eat?
	Answer	They don't eat <b>any / much / many</b> meat.
2	Question	How _____ vitamins are there in white rice?
	Answer	There aren't <b>many / much / some</b> vitamins in white rice.
3	Question	How _____ fat is there in chocolate?
	Answer	There's <b>a lot of / much / many</b> fat in chocolate.
4	Question	How _____ fruit is there in fizzy drinks?
	Answer	There isn't usually <b>much / many / some</b> fruit in fizzy drinks.
5	Question	How _____ people can't eat nuts?
	Answer	There are <b>some / much / any</b> people who can't eat nuts.

# LANGUAGE FOCUS . Countable and uncountable nouns + *some, any, much, many and a lot of*

5. What do you usually eat and drink every week? Complete the sentences. Then compare your sentences with other people in the class. Are they the same or different? (page 55)

- 1 I eat some .....
- 2 I never eat any .....
- 3 I don't eat many .....
- 4 I drink a lot of .....
- 5 I don't drink much .....
- 6 I never drink any .....

I eat some vegetables every day.  
How about you?

I don't eat many vegetables, but I  
eat an apple every day.

You invite three friends for a celebration at your house. Write a shopping list for the food and drink you want to buy. (page 55)

## My shopping list



# VOCABULARY AND LISTENING . Adjective : Health

What can you do if you want to be healthy? Colour the correct answers. (page 56)

sit on the sofa

play video games

eat vegetables

drink fizzy drinks

drink juice or water

exercise

1. Write the meaning of the words below. Then complete the definitions with five of the words. (page 56)

No	WORDS	MEANINGS
1	active	
2	unhealthy	
3	unfit	
4	well	
5	hungry	
6	fit	

No	WORDS	MEANINGS
7	thirsty	
8	tired	
9	lazy	
10	healthy	
11	ill	

E.g. You go to hospital if you're \_\_\_\_\_ ill \_\_\_\_\_ .

1 An \_\_\_\_\_ person does a lot of activities.

2 When you're \_\_\_\_\_, you want to eat.

3 Good food and good habits are \_\_\_\_\_ .

4 A \_\_\_\_\_ person exercises a lot.

5 When you don't sleep, you're \_\_\_\_\_ .

2. Match the opposites. (page 56)

active

hungry

healthy

fit

ill

well

thirsty

unfit

lazy

unhealthy

# VOCABULARY AND LISTENING . Adjective : Health

3. Circle the correct answers. (page 56)

## Health Quiz

1) It's 6 p.m. and you're really hungry. What's best?



- A) Eat some snacks.
- B) Don't eat. Wait for dinner.
- C) Go to a restaurant before dinner.

2) You're thirsty. What drink is the healthiest?



- A) water
- B) juice
- C) cola

3) Your temperature is  $41^{\circ}\text{C}$ . Are you ill?



- A) No, you're well.
- B) Yes, you're very ill. Go to a doctor now!
- C) You aren't well. Go home and go to bed.

4) You can run 100 metres in eleven seconds. Are you...



- A) unfit?
- B) normal?
- C) really fit?

5) You can't sleep and you're tired every morning. What's best?



- A) Don't go to bed late.
- B) Eat a lot before you go to bed.
- C) Don't go to school. Sleep more.

6) What is a couch\* potato?

- A) a vegetable
- B) a person who is very lazy and stays on the sofa a lot
- C) a person who is very hungry



couch\* = sofa

**VOCABULARY AND LISTENING . Adjective : Health**4. Read the *Health Check Questionnaire* and answer the questions. (page 56)

# Health Check Questionnaire-

## are you fit and healthy?



A Do you think you're active or lazy?

-----

B How many hours do you usually sleep?

-----

C Do you prefer sitting on the sofa or going out?

-----

D Do you usually eat healthy food?

-----

E What do you eat if you're really hungry?

-----

F Do you like doing sports?

-----

G How far can you run?

-----

H Are you lazy at the weekends?

-----

# VOCABULARY AND LISTENING . Adjective : Health

5. Listen to three interviews. Which questions A-H does each person answer? Tick the correct boxes. (page 56)

		Charlie	Conor	Fran
A	Do you think you're active or lazy?	✓		
B	How many hours do you usually sleep?			
C	Do you prefer sitting on the sofa or going out?			
D	Do you usually eat healthy food?			
E	What do you eat if you're really hungry?			
F	Do you like doing sports?			
G	How far can you run?			
H	Are you lazy at the weekends?			

6. Listen again and answer the questions. (page 56)

1	How many hours does Charlie normally sleep? _____
2	Is Charlie a couch potato? Why / Why not? _____ _____
3	Why is Conor really tired? _____
4	What sports does Fran do? _____
5	What healthy and unhealthy food does she eat? Healthy food : _____ Unhealthy food : _____

7. Work in pairs. Ask and answer the questions in the *Health Check Questionnaire* in exercise 4. Tell your teacher who is fitter and healthier?



# LANGUAGE FOCUS . Verb + -ing . Imperatives

## Verb + -ing

I. Look at the examples. Then answer the questions in rules 1-2. (page 57)

*Examples:*

Do you **prefer sitting** on the sofa or **going out**?  
I **like playing** video games, but I also **like going out**.  
I **like running** and **swimming**.

*Rules:*

1 What form of verb comes after *like, prefer, hate* and *don't mind*?

-----

2 What is the spelling of the *-ing* forms of the verbs *run, sit* and *swim*?

-----

2. Think of two things that you love doing, two things that you don't mind doing and three things that you hate doing. Write sentences and then compare in a group to find out about your friends' likes and dislikes. (page 57)

I love eating  
pizza.

Really? I love swimming  
in the sea.

Things that I love doing :



1

2

Things that I don't mind doing :



1

2

Things that I hate doing :



1

2

3

# LANGUAGE FOCUS . Verb + -ing . Imperatives

Complete the questions below with "Do/do you like" and *-ing* forms. (page 57)

1	... (help) at home?	Do you like helping at home?
2	... (walk) or (go) by bus?	
3	... (meet) friends or (chat) on the internet?	
4	... (get up) early or late?	
5	What games...(play)?	
6	What things...(do) in your free time?	

3. Work in pairs. Find about your partner's lifestyle. Ask and answer with the questions below. (page 57)

No	Questions	Your partner's answers
1	Do you like helping at home?	
2	Do you like walking or going by bus?	
3	Do you like meeting friends or chatting on the internet?	
4	Do you like getting up early or late?	
5	What games do you like playing?	
6	What things do you like doing in your free time?	

# LANGUAGE FOCUS . Verb + -ing . Imperatives

## Imperatives

4. Look at the examples of imperatives. How do we make the negative form?  
Find examples in the Health Quiz on page 56 and write them below. (page 57)

Examples of imperatives	Examples of negative form (from the Health Quiz, page 56)
<b>Eat</b> some snacks. <b>Wait</b> for dinner. <b>Go</b> to a doctor now!	

5. Complete the sentences with the affirmative and negative imperative forms of the verbs given. (page 57)

Don't drink

Visit

Ask

Don't play

Go

Eat

Best before:  
Aug 2018

*Visitors  
welcome*



1) \_\_\_\_\_  
this before August  
2018.

2) \_\_\_\_\_  
this place.

3) \_\_\_\_\_  
this water.



4) \_\_\_\_\_  
right here.

5) \_\_\_\_\_  
questions here.

6) \_\_\_\_\_  
football here.

## LANGUAGE FOCUS . Verb + -ing . Imperatives

6. Write advice for situations 2-6 using affirmative or negative imperatives.  
(page 57)

No	Situations What's the best advice for friend who...	<u>Affirmative imperatives</u>	<u>Negative imperatives</u>
1	... wants to be healthy?	<i>Exercise. Eat healthy food.</i>	<i>Don't go to bed late.</i>
2	... wants to run a marathon?		
3	... is having a boring weekend?		
4	... has got exams next week?		
5	... has got a problem?		
6	... can't speak English well?		

7. Work in groups. Compare your advice in exercise 6.  
Who has got the best advice? (page 57)

What's the best advice for a friend who wants to be healthy?

My advice is :  
exercise, eat healthy food and don't go to bed late.

## LANGUAGE FOCUS . Verb + -ing . Imperatives

Write five important rules for your class in the poster below. Use imperative forms. Then decorate the poster. (page 57)

# CLASS RULES

# SPEAKING . In a cafe

What is your favourite restaurant or café? What kind of food and drink do you usually eat there? Write below. Then tell your partner about it. (page 58)

My favourite restaurant / cafe is \_\_\_\_\_

I usually \_\_\_\_\_

I. Complete the menu with the words in the box. Which things on the menu do you like or dislike? (page 58)

burger

juice

chicken

chips

cheese

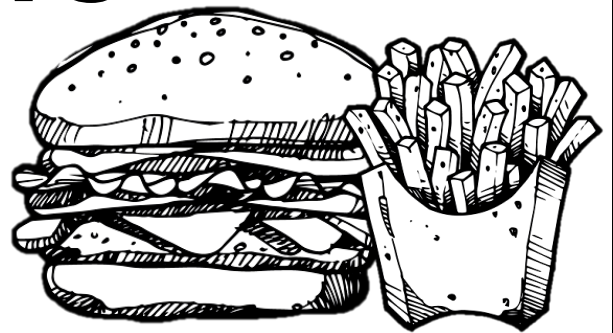
## TODAY'S MENU

### TASTY LAMB BURGER

plain	RM 4.50
with 1) che_____	RM 5.00

### Sandwiches

2) chic_____	RM 2.80
cheese	RM 2.50



### EXTRAS

+ 3) chi_____	RM 1.20
+ salad	RM 1.50

### VEGETARIAN OPTIONS

vegetarian lasagne	RM 4.45
vegetarian 4) bur_____	RM 5.00

### Drinks

5) ju_____	RM 1.80
cola	RM 1.80
mineral water	RM 0.90

### DESSERTS

All desserts

RM 2.25

## SPEAKING . In a cafe

**2. Write the correct answers. Then say the prices to your friends. (page 58)**

eighty sen	four ringgit and fifty sen	one ringgit
one ringgit and twenty sen	four ringgit and ninety-five sen	

1	RM 4.50	
2	RM 1.00	
3	RM 1.20	
4	RM 4.95	
5	RM 0.80	

.....  
**3. Say the prices to your friends. Then write the correct answers. (page 58)**

E.g.	one ringgit and fifty sen	RM 1.50
1	two ringgit and twenty-five sen	
2	one ringgit	
3	fifty sen	
4	three ringgit and eighty-five sen	
5	seven ringgit and twenty sen	
6	ninety-nine sen	
7	fourteen ringgit and thirty sen	
8	fifty ringgit and forty-nine sen	
9	seventeen ringgit and ten sen	
10	twelve ringgit and sixty-eight sen	
11	sixteen ringgit and seventy sen	
12	thirty-two ringgit and thirteen sen	

## SPEAKING . In a cafe

**4. Read the dialogue below with your partner. Look at the menu on exercise 1 and calculate the total price. (page 58)**

Waitress	Hi there, can I help you?
Aaron	Yes, can I have a cheese sandwich, please?
Waitress	Sure, would you like salad or chips with that?
Aaron	Erm... chips, please.
Waitress	Dessert?
Aaron	No, thanks.
Waitress	Anything else?
Aaron	Oh yes, I'll have a cola, please.
Waitress	OK. That's *....., please.
Aaron	... Here you are.
Waitress	Thank you.

**Draw Aaron's meal based on the dialogue above.**

**Is Aaron's meal healthy? Why/ Why not. Write your answer below and say it to your teacher.**

Aaron's meal is healthy / not healthy because .....

.....

.....

.....



## SPEAKING . In a cafe

5. Look at the dialogue on page 58 (exercise 4) and complete the key phrases.

### Key phrases : Ordering food

- |   |                              |
|---|------------------------------|
| 1 | _____ I help you?            |
| 2 | Can I _____, please?         |
| 3 | Would you _____ (with that)? |
| 4 | _____ else?                  |
| 5 | I'll _____, please           |
| 6 | _____, please                |

**Complete the dialogue below with different items from the menu on exercise 1.  
Then practise the dialogue with your partner.**

Waitress	Hi there, can I help you?
Aaron	Yes, can I have a _____, please?
Waitress	Sure, would you like salad or chips with that?
Aaron	Erm... _____ , please.
Waitress	Dessert?
Aaron	No, thanks.
Waitress	Anything else?
Aaron	Oh yes, I'll have a _____, please.
Waitress	OK. That's *_____, please.
Aaron	... Here you are.
Waitress	Thank you.

## **SPEAKING . In a cafe**

**6. Work in pairs. Prepare and practise two dialogues using the key phrases in exercise 5 and the situations below. Use the menu in exercise 1. (page 58)**

**Situation A :** You're very hungry and you love desserts! You've got RM 10.

--	--

**Situation B :** You're a vegetarian and you don't like cola. You've got RM 6.

--	--

## WRITING . A food blog

**Who cooks in your family? What do they usually cook? Do you like cooking?  
Write below. (page 59)**

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**I. Write the meaning of the words below. (page 59)**

No	WORDS	MEANINGS
1	raisins	
2	tuna	
3	red pepper	
4	olives	

No	WORDS	MEANINGS
5	ingredients	
6	chop	
7	starter	
8	main course	

**Read Sally's blog. Find the words in the tables above in Sally's blog and circle them. Then answer the questions. (page 59)**

*Sally's*

### EASY MENU BLOG

Hi. Here are my new ideas for a tasty menu.

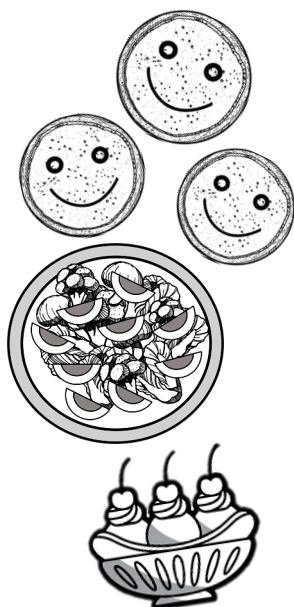
First, I've got some snacks. I love nuts and raisins.

After that, I've got these fun eggs salads for the starter (an idea from the internet).

Next is the main course. Today it's mini pizzas with tuna, red pepper and olives. I love making these. They look like faces and they taste great.

Finally, my favourite: dessert! There's hot fruit with ice cream. I like this because there aren't many ingredients and it's easy to make. Just chop some fruit, cook for ten minutes with some sugar and serve with ice cream. Mmm! Delicious!

Enjoy your meal! And join me next month for another easy menu.



1

Where the idea for a fun egg salad from?

2

What is Sally's favourite part of the meal?

# WRITING . A food blog

2. Complete the key phrases with words from Sally's blog. (page 59)

Delicious	great	next month	meal	easy
-----------	-------	------------	------	------

## Key phrases : Writing a food blog

1	They taste terrible / OK / _____ .
2	It's _____ / fun / cheap / difficult to make.
3	Mmm! _____!
4	Enjoy your _____!
5	Join me _____.

## LANGUAGE POINT : SEQUENCING

3. Look at the words below. Which two phrases have the same meaning? Colour the two phrases. (page 59)

First

After that

Next

Finally

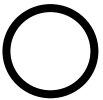
4. Complete the sentences. Number the sentences in the correct order. Then draw pictures based on the sentences. (page 59)

First

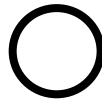
After that

Next

Finally



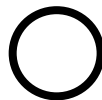
\_\_\_\_\_, add some sugar.



\_\_\_\_\_, chop some fruit.



\_\_\_\_\_, serve with ice cream.



\_\_\_\_\_, cook for ten minutes.

## Writing guide

Write a food blog.

1. What is the name of your blog?
2. What is on your menu?
3. Where are the ideas from?

4. What are the ingredients?
5. Why do you like this food?
6. How often do you write your blog?

Write your blog. Look again at the model text on page 56 , 'Sally's blog' for ideas.  
Use photos if possible.

-presentation of blog

-grammar

















-sequencing

[illegible]

# REVIEW

## Vocabulary

1. Replace the pictures with the correct food words and rewrite the complete sentences. (page 60)

- 1 For lunch today, I've got a 1)  , an 2)  and some 3)  .
- 2 I have a 4)  , some 5)  and an 6)  for breakfast every day.
- 3 My favourite lunch is 7)  , a 8)  , some 9)  and a 10)  .
- 4 I don't like 11)  , 12)  , or 13)  , but I love 14)  , 15)  and 16)  .

1

2

3

4

2. Rewrite the sentences with the correct adjectives. (page 60)

- 1 I'm unfit. I walk to school every day and I play football at the weekend.
- 2 Jonny is a couch potato. He's very active.
- 3 Go and see the doctor. You're well.
- 4 Don't eat crisps and sweets for lunch. They're healthy.
- 5 Jamie is usually thirsty in the mornings. He goes to bed very late!
- 6 Have you got any juice? I'm hungry.

tired

unhealthy

ill

fit

lazy

sleepy

1

2

3

4

5

6

# REVIEW

## Language focus

### 3. Complete the sentences using one of the words in the brackets. (page 60)

- 1 Would you like a \_\_\_\_\_ ? (sandwich/chips)
- 2 There are two \_\_\_\_\_ in the fridge. (yoghurts/meat)
- 3 Do you have \_\_\_\_\_ for breakfast? (strawberry / cheese)
- 4 Can I have a \_\_\_\_\_ , please? (rice/pizza)
- 5 I don't like \_\_\_\_\_. (sandwich/salad)
- 6 Have you got any \_\_\_\_\_ ? (banana/bread)

### 4. Complete the dialogue with the words below. (page 60)

a lot of	a lot	any	How many	How much	much	some (2x)
----------	-------	-----	----------	----------	------	-----------

- |     |                                                        |
|-----|--------------------------------------------------------|
| Dan | I'm hungry. Let's make 1)_____ cheese sandwiches.      |
| Joe | Good idea. 2)_____ bread is there?                     |
| Dan | There's 3)_____ bread, but there isn't 4)_____ cheese. |
| Joe | I think there's 5)_____ chicken.                       |
| Dan | OK. Are there 6)_____ apples?                          |
| Joe | Yes, there are.                                        |
| Dan | OK. 7)_____ apples are there?                          |
| Joe | There are 8)_____ of apples.                           |
| Dan | Perfect! Chicken sandwiches and apples.                |

### 5. Complete the sentences with the pairs of verbs in the box. (page 60)

Drink/Don't buy

Don't eat/Choose

Don't play/Do

Walk/Don't go

Don't worry/Be

Don't watch/Read

E.g. Don't watch \_\_\_\_\_ a lot of TV. Read \_\_\_\_\_ more books.

- 1 \_\_\_\_\_ a lot of crisps and sweets. \_\_\_\_\_ healthy snacks.
- 2 \_\_\_\_\_ a lot of water each day. \_\_\_\_\_ fizzy drinks.
- 3 \_\_\_\_\_ to school everyday. \_\_\_\_\_ by bus.
- 4 \_\_\_\_\_ video games in your free time. \_\_\_\_\_ some exercise.
- 5 \_\_\_\_\_ about things. \_\_\_\_\_ happy.

**REVIEW****Speaking****6. Complete the dialogue with the words below. (page 60)**

can I have

help

I'll have

That's

else

Would you like

A Can I 1) \_\_\_\_\_ you?

B Yes, 2) \_\_\_\_\_ a burger with cheese, please?

A Sure. 3) \_\_\_\_\_ salad or chips with that?

B Salad, please.

A Anything 4) \_\_\_\_\_ ?

B 5) \_\_\_\_\_ a mineral water, please.

A OK. 6) \_\_\_\_\_ RM 4.75, please.

**Listening****7. Listen to two friends talking and complete the sentences with the correct words. (page 60)**

1 Leo looks \_\_\_\_\_ .

2 Leo sleeps for \_\_\_\_\_ hours every night.

3 Leo hasn't got time to do any \_\_\_\_\_.

4 It's important for Leo to be \_\_\_\_\_ and  
\_\_\_\_\_ to do well in his exams.

5 Leo isn't \_\_\_\_\_ in the morning.

6 Naomi suggests some bread or an egg and some  
\_\_\_\_\_ for breakfast.



# PUZZLES AND GAMES

## GUESS THE FOOD

1. Work in pairs. Look at the words below. One student chooses a word and makes a sentence about it. The other student listens and guesses the food.  
(page 61)

burger	pasta	raisins	meat	juice	sweets	rice
vegetables	nuts	crisps	cheese	pear	olives	tuna

It's got bread and meat. It's unhealthy.

Burger?

## MEMORY GAME

2. Play in groups. Make sentences with *a*, *an*, *a lot of*, *some* and *many*. Follow the instructions. (page 61)

- Student A says, 'In my kitchen, there's a lot of pasta'.
- Student B says, 'In my kitchen, there's a lot of pasta and an apple'.
- Student C says, 'In my kitchen, there's a lot of pasta, an apple and a burger'.
- Student D says, 'In my kitchen, there's a lot of pasta, an apple, a burger and some bread'.
- Who can remember everybody's words?

## PUZZLES AND GAMES

## UNSCRAMBLE THE LETTERS

3. Find five adjectives about health on the plates. Write the words. (page 61)

1) elhayth

\_\_\_\_\_

2) sirtthy

\_\_\_\_\_

3) lewl

\_\_\_\_\_

4) eviact

\_\_\_\_\_

5) fti

\_\_\_\_\_

## CROSSWORD PUZZLE

4. Complete the crossword puzzle. (page 61)

Down ↓

1) opposite of the word "fit"

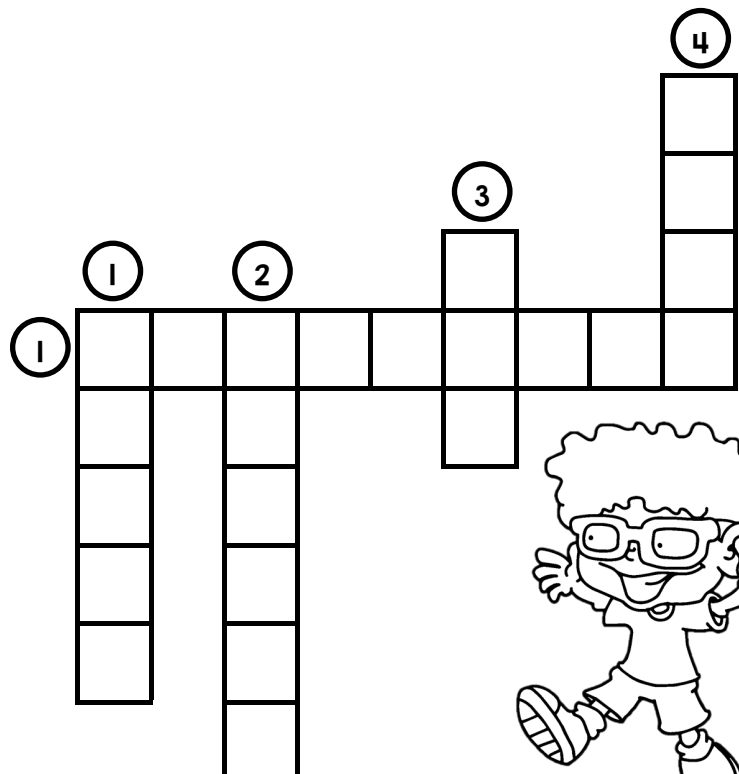
2) opposite of the word  
"thirsty"

3) opposite of the word "well"

4) opposite of the word "active"

Across →

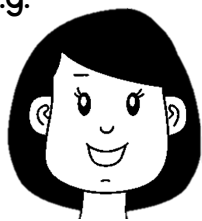
1) opposite of the word "healthy"



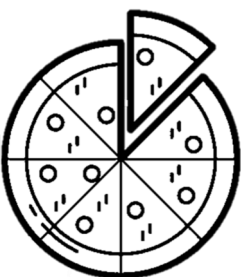
# PUZZLES AND GAMES

Look at the pictures below and complete the sentences with the verb + *-ing*.  
(page 61)

E.g.



Sue



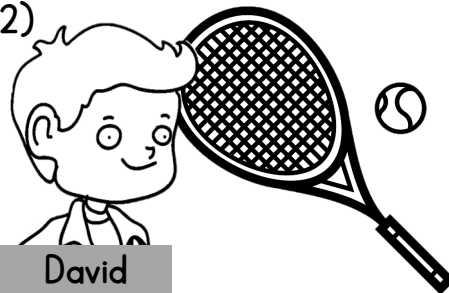
1)



Mel



2)

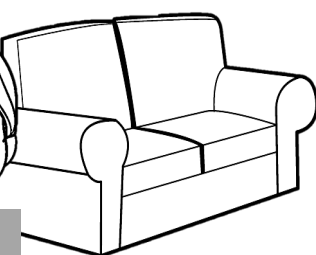


David

3)



Sophia



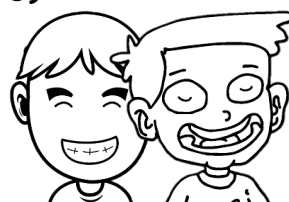
4)



Harry



5)



Rob and Steve



E.g. Sue likes eating pizza .

1 Mel enjoys .

2 David doesn't like .

3 Sophia really likes .

4 Harry doesn't mind .

5 Rob and Steve love .

## THE 'PLEASE' GAME

6. Work in groups. Follow the instructions. (page 61)

- One student gives instructions to the other students using imperatives.
- If you hear 'please', do the action. If you don't hear 'please', don't do the actions!
- If you make a mistake, you are out of the game. The winner is the last student in the game.

## NOTES

## NOTES